

CERTIFICATE OF PARTICIPATION

This is to certify that

Helena Strijdom

Has successfully participated & completed the

5km Rietvlei Night AdventureRun

held at Rietvlei Dam.

TIME 00:30:49

PACE 06:09/km

OVERALL 14 of 145

GENDER 3 of 85

50 - 59 1 of 16

29 January 2020, Wed

Date



BoutTime

Signature

